Checklist of What to Bring

☐ Travel Documents:
  o Your Passport.
  o Return airline ticket.
  o Bermuda visa, if required. Please check with BIOS Education Department for this information.
  o Transit visa required for non-U.S./Canadian citizens traveling via the U.S.
  o Signed U.S. customs registration forms for easy reentry of foreign cameras, etc. going with you outside the U.S.
☐ Jeans, shorts and shirts (it is recommended that you check the forecast before you arrive, [www.weather.bm](http://www.weather.bm))
☐ rain jacket or umbrella
☐ mask, fins and snorkel
☐ 2 pairs of shoes (sneakers, sandals, etc., including one pair that can get wet)
☐ camera
☐ 2 bathing suits
☐ beach towel
☐ knapsack or day-pack for transporting gear
☐ re-usable water bottle
☐ sunscreen, hat, sunglasses
☐ pocket flashlight (BIOS is not well lit at night)
☐ eye glasses (if you wear them, a spare pair is recommended as there is no optician near BIOS)
☐ Dramamine or motion-sickness patches
☐ bathrobe and slippers (for possible shared bathroom facilities)
☐ personal hygiene needs (toothpaste, shampoo, razors, etc.)
☐ pencils, pens, lab and note books
☐ any special food and medications you might need during your stay
☐ laptop computer and power cables

If you plan on diving at BIOS you will also need:
☐ Proof of SCUBA certification as well as your current log book
☐ Completed dive forms (including medical exam)
☐ All items listed in the “Diving at BIOS” section