The water temperature changes quite a bit during the year at BIOS and can change rather drastically during a single semester. Water temperatures are approximately:

- **January**: 65 F/18 C
- **May**: 70 F/21 C
- **August**: 84 F/29 C
- **October**: 77 F/25 C
- **December**: 68 F/20 C

We do not have wetsuits available on station for loan and they are rather expensive to buy/rent here in Bermuda so please bring what you need. Here are some guidelines to help you purchase (or borrow/rent) a wetsuit suitable for diving or snorkeling in Bermuda (Note: the 3, 5 and 7mm numbers refer to thickness of the wetsuit material):

- **January to March**: at least a 5mm, up to a 7mm (if you get cold easily); should also consider a hood/hooded vest
- **April-June**: 5mm with a hooded vest for the colder side of the season
- **July-September**: 3mm or shortie type suit
- **October-December**: 5mm with a hooded vest for the colder side of the season

Remember that approximately 70% of body heat is lost through your head. Use of a hooded vest, a hood, or a beanie, are great ways to add warmth at a relatively low price. Hooded vests are more suited to winter months, hoods for spring/fall months, and a beanie for summer.

People’s idea of cold is highly subjective. There is a saying in Bermuda; Bermudians swim from May to September, Americans swim from April to October, and the English swim year round. Please try to adjust your wetsuit purchases accordingly.

For further information please contact:
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